

COLONOSCOPY PREPARATION INSTRUCTIONS

using Clenpiq®

Obtain the following:

1. Clenpiq® bowel prep kit

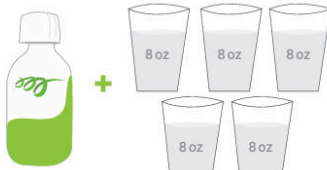
Day PRIOR to the procedure:

1. May have a light early breakfast followed by clear liquids for lunch and dinner.

Clear liquids include:

- Clear fruit juice (no pulp)
 - Apple, white grape, white cranberry, etc.
 - Chicken broth
 - Coffee without milk or creamer
 - Clear sodas (7up, Sprite, Ginger Ale)
 - Jello (lime or lemon flavors only)
 - Gatorade/Powerade (yellow flavors only)
 - Popsicles without pieces of fruit or pulp (lime or lemon)
2. Between 5:00 PM– 9:00 PM, drink one bottle of CLENPIQ followed by 5 or more 8-ounce (oz) cups of clear liquids.

Evening Before
Between 5-9 PM



The illustration shows a white bottle of Clenpiq with a green label and a green plus sign to its right. To the right of the plus sign are five clear plastic cups, each labeled '8 oz'. The cups are arranged in two rows: three in the top row and two in the bottom row.

Drink 5 or more 8 ounce (oz) cups of clear liquids.*
Finish liquids over the next 5 hours.

Day of the procedure:

1. Do **NOT** eat or drink any food.
2. Starting five (5) hours prior to your procedure time, drink the other bottle of CLENPIQ followed by 4 or more 8-ounce (oz) cups of clear liquids.

*** You must have finished drinking liquids at least 2 hours before your colonoscopy.

3. Take your morning medications with a sip of water.

***Diabetics should skip their oral diabetes medications, and if using insulin, take only half the dose.

